

# Cosmic Astrology

LIZ HOWELL: Guest Speaker

Queen of Cups Spiritual Apothecary in Portland, OR

**Date:**

*Evening Talk:*

*Thur, July 16 from 7-9PM*

*Personal Readings:*

*Fri/Sat, Jul 17-18 by appt.*

**Location:**

*Queen of Cups*

*5433 N. Michigan Ave.*

*Portland, Or 97217*

*503-285-1600*

[www.queenofcupsportland.com](http://www.queenofcupsportland.com)

**Admission:**

*Talk: \$15*

*Readings: \$145*

**Information Contact:**

*Liz Howell*

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TALK: Thursday, July 16, 2009 7-9 PM

PERSONAL READINGS: Fri, July 17 & Sat, July 18

## Cosmic Astrology: Inviting Planetary Energies to Support Your Everyday Well-Being

Join Astrologer Liz Howell to learn where your untapped reserves of personal wellness and empowerment lie in your natal chart. Find out what obstacles are waiting to be overcome and which tools you have at your disposal for success. Use the richness of your life story and the power imbued by your natal chart to understand where you can more fully engage in a healthy and balanced dance of mind/body/spirit living. Includes an introduction to herbal, botanical and culinary blends to support your natural alignment with your natal chart.

### About The Presenter:

Liz Howell's passion for exploring the connections in the body to the world(s) around us has been a life-long journey spanning a professional dance career in New York City to a somatic healing arts practice in Hawaii. Her ongoing study of herbal and culinary science has taken her on treks to Bali and into some of the finest kitchens and gardens around the world. Now in Portland, OR, she and her company, Celestial Living Arts, are thriving with the region's passion for and dedication to green, sustainable and conscious living. Much of the experimentation and research conducted on the botanical astrology theories are tested in her own urban SPIN (small plot intensive) neighborhood garden in the heart of the Northwest section of Portland. Her interests include astrology, healing arts, herbology, gardening, metaphysics . . . and, of course, cooking.

Liz Howell • 503.888.5064 • <http://www.CelestialLivingArts.com>



Photo: Val Loh