

Botanical Astrology

And the Healing Zodiac

Date:
Wed. Dec 2 @ 6:15pm

Location:
The Herb Shoppe
3327 SE Hawthorne
Portland, OR

Admission:
FREE as part of the
Wednesday Night
Lecture Series

**Information
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LIZ HOWELL: Guest Speaker
The Herb Shoppe, Portland, OR
Wednesday, April 14, 2010 at 6:15 PM

The Healing Zodiac: Herbal, Botanical & Culinary Astrology

with Liz Howell, Astrologer and Founder of Celestial Living Arts

Most people turn to astrology with questions on love and career and timing on things like weddings, promotions and parenthood. But rarely does one think to consult an astrologer when deciding what herbal remedies will calm the monkey mind of an overly-active Mercury or which botanical blends will creatively spice up a new dietary regimen for a Virgo. It is a little known fact that the centuries-old interpretive science of astrology has long-standing and traditional ties with foods, vegetation and herbs. Learn more about each of the signs and their ruling planets when it comes to botanical and culinary classifications.



Photo: Val Loh

About The Presenter:

Liz Howell's passion for exploring the connections in the body to the world(s) around us has been a life-long journey spanning a professional dance career in New York City to a somatic healing arts practice in Hawaii. Her ongoing study of herbal and culinary science has taken her on treks to Bali and into some of the finest kitchens and gardens around the world. Now in Portland, Oregon, she and her company, Celestial Living Arts, are thriving with the region's passion for and dedication to green, sustainable and conscious living. Much of the experimentation and research conducted on the botanical astrology theories are tested in her own urban SPIN (small plot intensive) neighborhood garden in the heart of the Northwest section of Portland. Her interests include astrology, healing arts, herbology, gardening, metaphysics . . . and, of course, cooking.

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